

NSS Activity Report: July 2024

- **Name of the Event:** Sanitary Napkin Distribution and Awareness, 2024
- **Organized by (Dept./Committee/Society):** NSS, Shri Shikshayatan College
- **Date:** 15.07.2024
- **Venue:** Tiljala Shed, Topsia
- **Number of Participants:** 102
- Students:** 8
- Teachers:** 2

Brief Description of the Event: The Sanitary Pad Distribution and Awareness Programme aimed at promoting menstrual hygiene and health among women and girls of Tiljala Shed Topsia. The program involved distributing free sanitary pads to those in need, ensuring they have access to essential menstrual products. In addition to distribution, the program conducted educational sessions to raise awareness about menstrual hygiene, debunk myths, and provide accurate information on menstrual health management.

● **Outcome:** The session helped to empower women and girls with the resources and knowledge necessary to maintain their health, reduce stigma, and promote gender equality.

