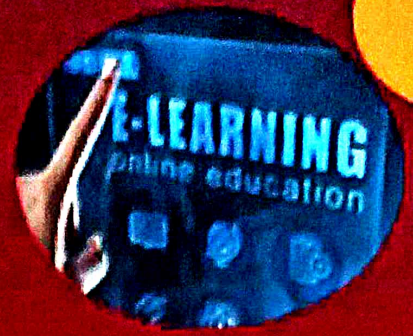


e-Learning Teaching Strategies *and* Teachers' Stress *in* Post Covid-19



Dr. D. K. Kundu

A close-up image of a computer keyboard. A prominent green key is visible, with the text 'e-learning' written on it in white. The key is surrounded by other keys, and the background is dark and textured.

e-learning



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Journey from Traditional to Digital Education

Sukanya Roychoudhury

Introduction

The COVID-19 pandemic has forced us to change many things from our lifestyle. The global crisis brought on by the corona virus has pushed everyone into a digital world making a paradigm shift from face to face education to online education. It resulted in a shift from Brick to Click Method of teaching and learning, teacher dependency to parent dependency on the part of the students and also the role of family became more important and relevant than the role of the school in the education of the children.

Traditional Education

The teaching process which is based on the paper-based assignments and exams is known as the traditional method of education. Traditional education emphasizes direct instruction and lectures, seatwork and students learn through listening and observation.

The traditional method of education are-